



# Saturday Sacks News

A Community Ministry of Chatsworth First United Methodist Church

111 West Cherokee Street | Chatsworth, GA 30705 | 706-695-3211

## Why Saturday Sacks?

**Saturday Sacks helps to meet the needs of families in Murray County.**

Over **7,500** people in Murray County are food insecure. **Food Insecurity** is defined by the USDA as “when consistent access to adequate food is limited by a lack of money and other resources at times during the year.”

As unbelievable as it may seem, hunger is real, and it’s right here in Murray County. Ask any teacher in Murray County if hunger exists – especially on Monday morning when poor children have been without access to free or reduced school meals over the weekend. **Hunger is real and it’s affecting how our children learn and grow. In Murray County, 33.1% of children are food insecure. This averages out to be 3,570 children.**

## Who do we serve?

400 – 600 students each week

The Saturday Sack Program provides children in need with a sack full of basic food items that children love. Simple items such as cereal, milk, juice, fruit, granola bars, soup, and mac and cheese make the difference between hunger and nourishment for many children.

Children from:



All 6 Murray elementary schools  
Pre-K center  
Headstart  
Early Headstart

## Thanks to many volunteers

Volunteers from all over the area come together at Chatsworth First United Methodist Church each Thursday at 4:30pm during the school year to pack the sacks.

We welcome anyone to come and help! Civic groups, sports teams, service clubs, and individuals of all ages typically help.



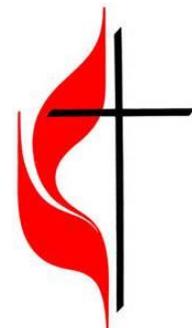
## What does it cost?

The cost of a sack per child each week is approximately \$2.25. For the cost of a specialty coffee or a sports drink, a child can eat for an entire weekend.



## How can I help?

- Volunteer
- Donate
- Pray



CFUMC | PO Box 152 | Chatsworth, GA 30705

\*Source: Chattanooga Food Bank – “Facts on Hunger in Murray County”